



Dear Parent,

The Coppell Family YMCA offers a unique program, Counselors-in-Training (CIT's), designed to provide teenaged youth with leadership training and experiences. CIT's will work with elementary aged students in our YMCA Day Camp Programs.

APPLICATION PROCESS

Students must be accepted to the Counselors-in-Training Program via application and interview. **Applications are due to the YMCA staff no later than May 21st.** Interviews will be scheduled within two weeks or less of the date we receive the application. Applicants will be selected that show an interest in service, helping children to grow and learn, and ability to display leadership qualities in a group setting. Selected students will be responsible for the following: helping the YMCA Camp Staff with daily duties, planning and leading activities with the staff, keeping a reflection journal, and attending trainings and meetings. Applicants not considered for the program are welcome to join our Teen Camp if they still need a safe place to go this summer.

TRAINING PLAN

CIT's will be engaged in a training program during our orientation week conducted by the Coppell Family YMCA staff in child development, working with children 5-12 years old, camp basics, babysitting basics, first aid, CPR and leadership skills. At the end of our training week CIT's will be certified in our Babysitting class and first aid and CPR. (CIT's will never be expected to administer first aid or CPR but will receive the certifications).

CIT's are expected to attend the CIT Orientation training the week of June 7th from 9:00am to 12:00 pm daily at the Coppell Family YMCA. You may drop off your CIT at camp as early as 7:00am and after our training activities end at 12:00pm, they are welcome to join camp up until we close at 6:30pm. After the required training week, you are welcome to sign up for the weeks they wish to serve.

FEES

The weekly fee for the Counselors-in-Training Program is \$50. This fee covers fieldtrips, snacks, supplies and our training week.

GUIDING PRINCIPLES

The Counselors-in-Training Program gives youth opportunities to obtain “developmental assets”, which help youth make positive decisions. Youth are provided with experiences and support to assist their development into caring, honest, respectful and responsible adults. CIT's are given opportunities to develop leadership, maturity, responsibility and team work

We look forward to working with your child to develop her/his leadership skills, to build a strong connection to the YMCA and community, and to enhance her/his camp experience.

Please contact me with any questions.

Sincerely,

Laura Stern
Senior Program Director
Coppell Family YMCA